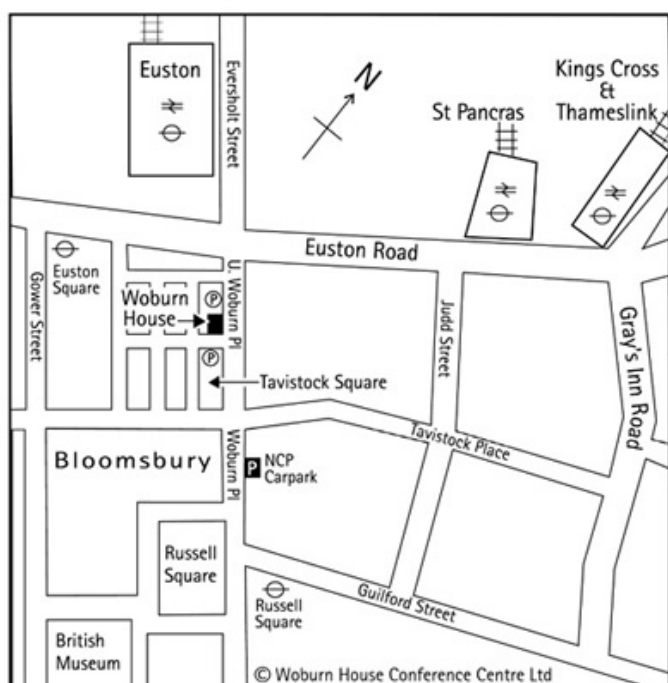





Active Ageing Seminar 2012

The Active Ageing Seminar 2012 will inform and inspire all wellness professionals who work with or would like to work with older adults. Co-hosted by the BHF National Centre for Physical Activity & Health and Vida Wellness.

Wednesday May 2nd, 9.30am – 4pm

Venue: Woburn House Conference Centre, Tavistock Square, London WC1H 9HQ



-  Underground station
-  Metered parking
-  Train station

Woburn House
20 Tavistock Square
London WC1H 9HQ
Tel 020 7419 4111
Fax 020 7419 5511

By Underground

Russell Square served by Piccadilly line.

Kings Cross/St Pancras served by Victoria line, Northern line (City branch), Piccadilly line, Hammersmith and City line, Circle line, Metropolitan line.

Euston served by Victoria line, Northern line (both branches).

Euston Square served by Hammersmith and City line, Circle line, Metropolitan line.

From London train stations

Walking distance from Kings Cross/St Pancras (10 mins), Euston (5 mins).

www.tfl.gov.uk – maps and public transport info.

<http://www.walkit.com> - the urban walking route planner.

<http://www.greentomatocars.com> - London's environmentally friendly taxi service.



Seminar website: www.vidanetwork.co.uk

Online booking: www.activeageingseminar2012.eventbrite.co.uk

With thanks to our
event partners: